

## INDOOR

December 12	Air Force Holiday Open	Cadet Fieldhouse	USAFA, Colo.
January 10	Air Force All-Comers	Cadet Fieldhouse	USAFA, Colo.
<b>January 16-17</b>	<b>Potts Indoor Invitational</b>	<b>Balch Fieldhouse</b>	<b>Boulder, Colo.</b>
January 23-24	Air Force Invitational	Cadet Field House	USAFA, Colo.
February 13-14	Husky Classic	Dempsey Indoor	Seattle, Wash.
February 20-21	Joe Davies Open	Steinhauer Fieldhouse	Golden, Colo.
February 27-28	Mountain Pacific Sports Federation Championships	Dempsey Indoor	Seattle, Wash.
March 13-14	NCAA Indoor Championships	Randal Tyson Track Center	Fayetteville, Ark.

## OUTDOOR

<b>March 20-21</b>	<b>Jerry Quiller Classic</b>	<b>Potts Field</b>	<b>Boulder, Colo.</b>
March 26-28	Texas Relays	Mike A. Myers Stadium	Austin, Texas
March 27-28	Fum McGraw Quadrangular	Jack Christiansen Track	Fort Collins, Colo.
April 3	Stanford Invitational	Cobb Track & Angell Field	Palo Alto, Calif.
April 4	Air Force Multis/Relays	Cadet Outdoor Track & Field Complex	USAFA, Colo.
<b>April 10-11</b>	<b>CU Invitational</b>	<b>Potts Field</b>	<b>Boulder, Colo.</b>
April 14-18	Mt. SAC Relays	Hilmer Lodge Stadium	Walnut, Calif.
April 15-18	Bryan Clay Invitational	Cougar Athletic Stadium	Azusa, Calif.
April 15-18	Beach Invitational	Jack Rose Stadium	Cerritos, Calif.
April 23-24	Glenn Morris Combined Events	Jack Christiansen Track	Fort Collins, Colo.
April 24-25	Jack Christiansen Invitational	Jack Christiansen Track	Fort Collins, Colo.
May 2	Cowpoke Open	Madrid Sports Complex	Laramie, Wyo.
May 2	Longhorn Invitational	Mike A. Myers Stadium	Austin, Texas
May 2	Payton Jordan Cardinal Invitational	Cobb Track & Angell Field	Palo Alto, Calif.
May 9-10	Pac-12 Combined Events Championships	Drake Stadium	Los Angeles, Calif.
May 16-17	Pac-12 Outdoor Championships	Drake Stadium	Los Angeles, Calif.
May 28-30	NCAA West Preliminary Championships	Mike A. Myers Stadium	Austin, Texas
June 10-13	NCAA Outdoor Championships	Hayward Field	Eugene, Ore.

*\* Schedule is tentative and subject to change*

The 2014-15 University of Colorado track and field season will really kick into high gear in January. A small part of the team started competing in December, but rest of the team will start competing in January.

As in the past, CU will host three home meets. The Potts Indoor Invitational (January 16-17) is the only indoor home meet the Buffs will host at Balch Fieldhouse, but they will host a pair of outdoor meets as well at Potts Field, the Jerry Quiller Classic, March 20-21, and the Colorado Invitational, April 10-11.

## DISTANCE

Colorado continues to be known for its distance program and once again head coach Mark Wetmore and assistant coach Heather Burroughs have the distance squad ready for another exciting season. The men's team is fresh off its fifth NCAA Cross Country Championship, its second in two years, as well as its fourth straight Pac-12 Cross Country Championship. The women also had a great showing in the fall, finishing seventh at NCAAs and third at Pac-12s.

The men's side is loaded with talent and has seven cross country All-Americans ready to compete on the track. Seniors Jake Hurysz, Morgan Pearson and Blake Theroux, as well as juniors Ammar Moussa, Pierce Murphy and Connor Winter and sophomore Ben Saarel look to have great seasons this spring.

Saarel earned a pair of All-America honors in 2014 on the track, he was third in the indoor 3,000 and was 16th in the 1,500 (outdoors), while Hurysz was a second team All-American in the indoor 3k in 2014. Theroux was the Pac-12 runner-up in the steeplechase during the outdoor season, while Pearson was seventh at the conference meet in the 10k. Murphy didn't score at the conference meet last year, but he was third in the 10k in 2013.

The depth goes beyond those four competitors. Hugh Dowdy is returning for his senior season and has done well in the steeplechase. Two other Buffs, Zach Perrin and Adam Peterman, redshirted the 2014 season and look to make an impact this season.

The CU women are a young team, but that isn't an issue since they have already shown they can do well with their cross country finish in 2014. Redshirt freshman Erin Clark didn't compete during the 2014 track and field season, but led the Buffs in every race on the cross country course this past fall, including a 31st place finish at NCAAs for her first All-America honor.

Junior Carrie Verdon has scored for the Buffs on the track, placing eighth at the 2013 Pac-12 Championships in the 5k as a freshman. Transfer Sara Sutherland and sophomore Melanie Nun add more experience to this young team as both have done well at conference meets in the past.

## JUMPS/COMBINED EVENTS

Assistant coach Lindsey Malone is in her eighth year at the helm of the combined events and jumps program and has another great group of athletes this year. The men's side is young, with just one senior on the team, Mark Jones. Jones is one of the best high jumpers in CU history, ranking third on both the indoor and outdoor charts. He has scored for the Buffs at both the indoor and outdoor conference meets and should do the same this year. There are several newcomers to the program, which include Mason Chronowski, Matt Denton, Michael Egotanda, Andrew Ghizzone and Matthew Walker who will compete in the combined events and jumps.

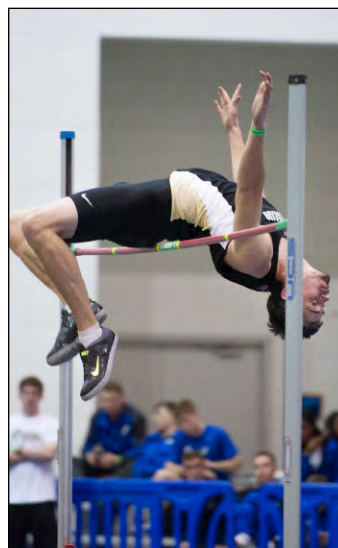
The women's team has more experience with junior Abrianna Torres leading the team in the combined events. Torres has recorded points for the Buffs indoors and outdoors in the combined events, but also in the long jump. She is the fourth best CU performer in the pentathlon and ranks sixth in the heptathlon. Senior Kelsey English is one of the best high jumpers CU has had, ranking fourth on the outdoor list and sixth indoors. Joining those two this season are Bekah Daniel, Taila Howe, Rebekah Kazen, Rajon O'Quinn, Ewelina Pena, Mariah Slack and Michaela Wenning.



**Jenny DeSouchet**



**Sophie Hallam-Eames**



**Mark Jones**



**Alex Kizirian**

**SPRINTS/HURDLES**

Assistant coach Drew Morano is in his sixth season at the helm of the Buffalo sprinters. Shaw Gifford is back for his final season with the Buffs. He has been a part of the 4x100 and 4x400-meter relays which have performed well at the indoor and outdoor league championships. Sophomore Jaron Thomas had a breakout freshman campaign for CU and looks to build on that performance. He placed third in the 400-meter hurdles and was sixth in the 110-hurdles at Pac-12s. Erik Gaytan, Jaylyn Mars and Austin Mitsch will also help to lead the Buffs this season.

Senior Eileen Gehring, CU's outdoor 200 and 400-meter record holder, is back to lead the team and will be joined by senior Lindsay Mattson. Mattson ranks third in CU history in the 400 and is seventh in the 200. Mattson and Gehring have been members of the women's 4x400 relay teams that have scored at both indoor and outdoor conference meets, as well as setting the CU record in the indoor 4x400 (3:43.52). Some of the other leaders on the team include sisters Ana and Mia Holland.

**THROWS**

Casey Malone, a two-time Olympian and two-time U.S. Discus Champion, is at the helm of the Buffs throwers for the 15th season. Over the course of the last few years, his team has made huge strides, qualifying for NCAAs and setting CU records.

Alex Kizirian and Brady Rutt will lead the men's team again this year. Kizirian, a senior, set the CU weight throw record last year (68-4.50). He scored for the Buffs in the weight throw at the MPSF Championships, and during the outdoor season, he came close to scoring at the Pac-12 Championships, placing ninth in the hammer throw and 15th in the discus. Rutt, a junior, redshirted the 2014 season. In 2013, he was just shy of scoring for CU at the outdoor conference meet in the discus, placing ninth. He was fifth in the event in 2012.

The women are led by seniors Sophie Hallam-Eames and Kellie Lind. Both are on the verge of scoring for the Buffs and look to do great things in their final season of competition.

**THE MEET SCHEDULE**

A small group of athletes began competing in December before winter break, but the season will start for the entire team at the beginning of January. The Air Force Open is the first meet on the schedule (Jan. 9) before CU hosts the Potts Indoor Invitational Jan. 16-17. The Buffs will stay on the Front Range for most of the indoor season, but there will be a chance to head to Seattle for the Husky Classic (Feb. 13-14). A group of athletes will also compete at the Don Kirby Collegiate Open (Feb. 13-14) in Albuquerque, N.M.

The University of Washington will host the 2015 Mountain Pacific Sports Federation Championships in Seattle, February 27-28, and the NCAA Indoor Championships will follow March 13-14 in Fayetteville, Ark. for those who qualify.

As soon as the indoor season is over, the Buffs will switch gears to the outdoor campaign, hosting the first of its two home meets at Potts Field. CU will host the Jerry Quiller Classic March 20-21, and the second home meet is the Colorado Invitational, slated for April 10-11.

As usual, CU will compete at several meets along the Front Range in Fort Collins, Colo. and at the Air Force Academy. The Buffs won't just compete regionally as several athletes will have the opportunity to compete across the country at Texas Relays, a pair of meets at Stanford and the prestigious Mt. SAC Relays.

UCLA will host the 2015 Pac-12 Outdoor Track & Field Championships. The combined events portion of the meet will be contested May 8-9, while all other event areas will compete May 16-17. Texas will host the NCAA West Preliminary Championships, May 28-30, at Mike Myers Stadium. The 2015 NCAA Outdoor Championships are June 10-13 in Eugene, Ore. at Hayward Field.



*Lindsay Mattson*



*Jaron Thomas*



*Abrianna Torres*



*Connor Winter*

# 2015 Track And Field Rosters

<b>MEN</b>	<b>Ht.</b>	<b>Yr.</b>	<b>In/Out</b>	<b>Event(s)</b>	<b>Hometown (High School/Previous College)</b>
Reinhold Barchet	6-4	Fr.	HS/HS	Distance	West Chester, Pa. (Henderson)
Mason Chronowski	6-2	Fr.	HS/HS	Jumps	Pagosa Springs, Colo. (Pagosa Springs)
Matthew Denton	6-0	Fr.	HS/HS	Throws	Boulder, Colo. (Boulder)
Hugh Dowdy	6-1	Sr.	VR/2L	Distance	Petaluma, Calif. (Petaluma)
Michael Egotanda	5-9	Fr.	HS/HS	Jumps	Vestal, N.Y. (Vestal)
David Emmert	6-3	Fr./So.	RS/VR	Distance	Sycamore, Ill. (Sycamore)
Ryan Forsyth	5-11	Fr.	HS/HS	Distance	Severna Park, Md. (Severna Park)
Paden Gatlin	6-5	Fr.	RS/RS	Throws	Lancaster, Texas (Jesuit Dallas)
Erik Gaytan	5-8	So.	VR/1L	Sprints	Littleton, Colo. (Chatfield)
Andrew Ghizzone	5-11	Fr.	HS/HS	Combined Events	Union, N.J. (Union Catholic)
Shaw Gifford	6-1	Sr.	2L/2L	Sprints	Littleton, Colo. (Chatfield/Arizona)
Ethan Gonzales	5-11	Fr.	HS/HS	Distance	Westminster, Colo. (Broomfield)
Darrin Haynes	6-0	Fr.	HS/HS	Sprints	Colorado Springs, Colo. (Cheyenne Mountain)
Christopher Herrick	6-1	Fr.	HS/HS	Distance	Missoula, Mont. (Hellgate)
Joe Holvey	5-6	So.	RS/RS	Distance	Eugene, Ore. (South Eugene/Oregon)
Jake Hurysz	5-10	Sr.	1L/2L	Distance	Mebane, N.C. (Eastern Alamance/UNC)
Mark Jones	6-8	Sr.	2L/1L	Jumps	Summit, N.J. (Summit)
Isaiah Kaiser	6-0	Fr.	HS/HS	Sprints	Aurora, Colo. (Cherokee)
Alexandre Kizirian	6-2	Sr.	2L/1L	Throws	Thornton, Colo. (Mountain Range)
Garrett Losty	6-0	So.	VR/1L	Sprints/Hurdles	Williamsburg, Va. (Lafayette)
Jaylyn Mars	5-6	So./Fr.	VR/RS	Sprints	Aurora, Colo. (Cherokee Trail)
Christian Martin	5-9	So.	TR/TR	Distance	Littleton, Colo. (Heritage)
Paul Miller	6-2	Fr.	HS/HS	Distance	Fort Collins, Colo. (Poudre)
Austin Mitsch	5-10	So.	VR/VR	Sprints	Sacramento, Calif. (Jesuit)
Ammar Moussa	5-7	Jr.	VR/VR	Distance	Arcadia, Calif. (Arcadia)
Pierce Murphy	5-8	Jr.	VR/1L	Distance	Hanalei, Hawai'i (Island)
Morgan Pearson	5-11	Jr.	1L/1L	Distance	New Vernon, N.J. (Morristown/Duke)
Zach Perrin	6-0	So./Fr.	VR/RS	Distance	Kalispell, Mont. (Flathead)
Adam Peterman	6-2	So./Fr.	VR/RS	Distance	Missoula, Mont. (Hellgate)
Timothy Porcelli	6-3	So.	VR/VR	Throws	Superior, Colo. (Mullen)
Brady Rutt	6-1	Jr.	VR/1L	Throws	Hastings, Neb. (Hastings)
Ben Saarel	6-1	So.	1L/1L	Distance	Park City, Utah (Park City)
Luke Sheesley	6-0	Fr.	HS/HS	Distance	Fort Collins, Colo. (Fort Collins/Western State)
Jaysean Skrine	5-7	Fr.	HS/HS	Sprints	Fountain, Colo. (Fountain Fort Carson)
Panos Smyrnios	5-8	Fr.	RS/RS	Distance	Littleton, Colo. (Chatfield)
Blake Theroux	5-8	Sr.	1L/2L	Distance	Chesapeake, Va. (Western Branch)
Jaron Thomas	6-1	So.	VR/1L	Sprints/Hurdles	Midlothian, Texas (Midlothian)
Matt Walker	6-0	Fr.	HS/HS	Combined Events	Southlake, Texas (Southlake Carroll)
Connor Winter	5-11	Sr./Jr.	1L/1L	Distance	Centennial, Colo. (Arapahoe)

**HEAD COACH:** Mark Wetmore

**ASSISTANT DISTANCE COACH:** Heather Burroughs

**ASSISTANT SPRINTS COACH:** Drew Morano

**ASSISTANT THROWS COACH:** Casey Malone

**ASSISTANT COMBINED EVENTS AND JUMPS COACH:** Lindsey Malone

**RECRUITING COORDINATOR/ASSISTANT DISTANCE COACH:** Billy Nelson

## PRONUNCIATION GUIDE

REINHOLD BARCHET .....REIN-Hold Bar-SHAY	Andrew GHIZZONE .....GEH-zone	Ben SAAREL.....SAH-rell
Mason CHRONOWSKI .....CROW-now-SKI	Jake HURYSZ.....HERS	Panos SMYRNIOS.....SMEAR-ni-ohs
Michael EGOTANDA .....EGO-Tan-Da	Alexandre KIZIRIAN .....KEH-zeer-IAN	Blake THEROUX .....THER-row
Ryan FORSYTH.....FOR-SITH	Ammar MOUSSA .....MOO-sah	

# TRACK & FIELD 2015 Track And Field Rosters

<b>WOMEN</b>	<b>Ht.</b>	<b>Yr.</b>	<b>In/Out</b>	<b>Event(s)</b>	<b>Hometown (High School/Previous College)</b>
Madeline Alm	5-3	Jr.	VR/VR	Distance	Louisville, Colo. (Monarch)
Kaitlyn Benner	5-6	Fr.	HS/HS	Distance	Superior, Colo. (Monarch)
Eryn Blakely	5-3	Fr.	RS/RS	Distance	Monrovia, Calif. (Alverno)
Tashay Brown	5-3	Fr.	HS/HS	Sprints	Centennial, Colo. (Eaglecrest)
Mackenzie Caldwell	5-3	Fr.	HS/HS	Distance	Columbus, Ind. (Columbus North)
Erin Clark	5-5	Fr.	RS/RS	Distance	Eugene, Ore. (South Eugene)
Madison Colletto	5-9	Fr.	HS/HS	Throws	Ventura, Calif. (Ventura)
Valerie Constien	5-6	Fr.	HS/HS	Distance	Edwards, Colo. (Battle Mountain)
Bekah Daniel	5-8	Grad.	TR/TR	Jumps	Silverdale, Wash. (Central Kitsap/Willamette)
Jenny DeSouchet	5-6	Jr.	VR/VR	Distance	Alamosa, Colo. (Alamosa/Columbia)
Kelsey English	6-2	Sr.	2L/1L	Jumps	Colorado Springs, Colo. (Doherty)
Eileen Gehring	5-6	Sr./Jr.	3L/2L	Sprints	Madison, Wis. (Edgewood)
Sophie Hallam-Eames	6-3	Jr.	VR/VR	Throws	Seattle, Wash. (Nathan Hale)
Brittany Hanrahan	5-5	So.	VR/VR	Hurdles	Newport Beach, Calif. (Mater Dei)
Ana Holland	5-2	Fr.	RS/RS	Sprints	Centennial, Colo. (Regis Jesuit)
Mia Holland	5-4	So./Jr.	VR/VR	Sprints	Centennial, Colo. (Regis Jesuit)
Taila Howe	5-5	Fr.	HS/HS	Combined Events	Carbondale, Colo. (Roaring Fork)
Claire Kazen	5-11	Fr.	HS/HS	Combined Events	Laredo, Texas (JB Alexander)
Annie Kelly	5-6	Fr.	RS/RS	Distance	Alpharetta, Ga. (Milton/Mississippi)
Makenzie Kline	5-11	So.	VR/VR	Throws	Reno, Nev. (Galena)
Kellie Lind	5-8	Sr.	VR/VR	Throws	Gig Harbor, Wash. (Gig Harbor)
Lindsay Mattson	5-9	Sr.	1L/3L	Sprints	Grand Rapids, Minn. (Grand Rapids)
Lucy May	5-4	So./Fr.	VR/RS	Distance	St. Louis, Mo. (St. Joseph's Academy)
Catrina McAlister	5-3	Jr.	VR/VR	Distance	San Clemente, Calif. (Arcadia)
Melanie Nun	5-4	So.	VR/1L	Distance	Broomfield, Colo. (Legacy)
Rajon O'Quinn	5-10	Fr.	HS/HS	Jumps	Fountain, Colo. (Fountain Fort Carson)
Mandy Ortiz	5-1	Fr.	RS/RS	Distance	Vail, Colo. (Battle Mountain)
Ewelina Pena	5-8	Jr.	VR/VR	Combined Events	Lakewood, Colo. (Lakewood)
Hagen Reedy	5-3	Fr.	RS/RS	Distance	Clovis, Calif. (Buchanan)
Olivia Rintala	5-5	So.	VR/VR	Distance	San Jose, Calif. (Archbishop Mitty)
Mariah Slack	5-11	So.	VR/VR	Combined Events	Vista, Calif. (Vista)
Bridget Sweeney	5-7	Sr.	1L/2L	Sprints	Hopkins, Minn. (Hopkins)
Sara Sutherland	5-3	Sr.	TR/TR	Distance	Dallas, Texas (Highland Park/Texas)
Abrianna Torres	5-7	Jr.	1L/2L	Combined Events	San Luis Obispo, Calif. (San Luis Obispo)
Carrie Verdon	5-2	Jr.	1L/1L	Distance	Moraga, Calif. (Campolindo)
Mariah Walker	5-5	Fr.	HS/HS	Throws	Colorado Springs, Colo. (Sand Creek)
Michaela Wenning	5-11	Fr.	HS/HS	Combined Events	Celina, Ohio (Celina)

## PRONUNCIATION GUIDE

Jenny DESOUCHET .....DE-Sioux-shay

RAJON O'Quinn.....RAY-jon

Eileen GEHRING .....GARE-ring

EWELINA Pena.....EVH-alina